



THE BODY SHOP AT HOME™

BEAUTY KIT GUIDE

Your journey starts here



HEMP HARD WORKING HAND PROTECTOR

FOR HANDS THAT HUSTLE!

TELL ME MORE

With this nourishing hand cream you can say goodbye to dry skin and hello to super soft hands! Our Hemp Hand Protector has been carefully crafted to suit even the most sensitive of skin, leaving hands soft, supple and super smooth!

STAR INGREDIENT

You guessed it- Hemp! Rich in essential fatty acids, Hemp Seed Oil is second to none when it comes to moisturising and protecting the skin! How? It's all thanks to those fatty acids which help repair the skin's natural moisture barrier.

HIGH ON HEMP SINCE 1992...

Since 1992 we've pioneered Hemp as a lead ingredient in our products because of its protective and hydrating properties. What's more? Hemp is a miracle crop because it regenerates land and naturally cleans the soil of weeds, while also providing a welcome habitat for local wildlife. It's also four times more effective at capturing CO2 than trees!

DID YOU KNOW

Each 100ml Hemp Hand Protector contains 950 Hemp seeds- it's jam packed full of goodness!



SUITABLE FOR:

All skin types- especially very dry skin

VEGETARIAN

SHEA NOURISHING BODY BUTTER

FOR SUPER SOFT SKIN

TELL ME MORE

With this rich and intensely moisturizing body moisturizer your skin will feel smooth and soft in no time! Our Super Shea Body Butter melts at body temperature and glides over the skin leaving it nourished, moisturized and smelling deliciously nutty.

STAR INGREDIENT

Our Community Fair Trade (CFT) Shea Butter of course! Shea Butter is rich in fatty acids which easily absorb into the skin, helping to seal in moisture, reduce water loss and defend against the elements.

THE SHEA BUTTER STORY

Our CFT shea butter is sustainably sourced from the Tungteiya Women's Shea Butter Association in Ghana, where 500 women harvest fresh shea nuts using traditional handcraft techniques. It's no exaggeration to say that these women have the softest hands imaginable. In addition to paying a fair price for their super shea, we also pay a premium to help the Tungteiya Women invest in community projects, like healthcare and sanitation.



DID YOU KNOW

Every tub of our Shea Body Butter contains 36 nuts and provides 72 hours of moisturisation!

SUITABLE FOR:

All skin types- especially very dry skin

VEGETARIAN

CAMOMILE SUMPTUOUS CLEANSING BUTTER FOR CLEAR CLEANSED SKIN

TELL ME MORE

With our rich, luxurious cleansing butter you can remove every last trace of make-up whilst cleansing and purifying your skin. What's more, it's suitable for even the most sensitive of skin yet tough enough to remove waterproof make-up.

STAR INGREDIENTS

Our top 3 coming straight up...

- Smoothing and calming Camomile
- Nourishing CFT Shea Butter from Ghana
- Conditioning CFT Olive Oil from Italy

COMFORTING, CALMING CAMOMILE

Known for its anti-irritant and calming properties camomile has been used for therapeutic purposes for thousands of years. It's these soothing features that make camomile extract the perfect ingredient for our gentle yet super effective Cleansing Butter- no wonder it's called nature's soothing saviour!

DID YOU KNOW

Our Cleansing Butter is also suitable for contact lens wearers-it really is the perfect make-up remover for everyone!



SUITABLE FOR:

All skin types

VEGAN

COTTON ROUNDS A MUST HAVE STAPLE FOR EVERY BATHROOM

TELL ME MORE

Our soft and absorbent Cotton Rounds are made from cotton with two different non-fluff surfaces – making them perfect for all your everyday beauty needs.

WHAT'S GREAT ABOUT THEM?

The two differently-textured surfaces allow you to use either lotions or liquids without the need for separate products.



DID YOU KNOW

Cotton dates back to at least 7,000 years ago – which makes it one of the world's oldest known fibres!

ALOE CALMING CREAM CLEANSER

FOR CLEAR CLEANSED SKIN

TELL ME MORE

With this gentle daily cleanser your skin will be clear in a flash! Our beautiful cleanser gently removes make-up, dirt and impurities, leaving skin feeling clean, soft and smooth.

STAR INGREDIENTS

The fresh and soothing Aloe Vera of course! We sustainably source our soothing Community Fair Trade Aloe Vera from farmers in Mexico. The aloe leaves are harvested and filleted by hand within 6 hours to maintain maximum freshness and quality for our gentle formulations.

SUPER SOFT SHEA

In addition to Aloe Vera, our Calming Cream Cleanser also contains Shea Butter from Ghana. With its intense moisturizing properties Shea Butter is the perfect ingredient for taking care of the skin – making it an amazing base for our gentle Cream Cleanser.

DID YOU KNOW

Legend has it that renowned beauty Cleopatra used Aloe Vera on her skin!



SUITABLE FOR:
All skin types (even the most sensitive)

VEGETARIAN

VITAMIN E HYDRATING TONER

FOR BEAUTIFULLY BALANCED SKIN

TELL ME MORE

Time to balance the skin and remove anything lingering on the surface. Our beautiful, alcohol-free toner removes final traces of make-up and cleanser, preparing the skin for moisture.

STAR INGREDIENT

Vitamin E! Our Hydrating Toner contains Wheatgerm Oil, one of nature's richest sources of Vitamin E, to help keep the skin moisturized and protected.

WHY USE A TONER?

Skip using a toner and use water instead? No way! Although this may give a 'clean' feel, it can lead to dryness and tightness which is not what we want! Toners not only remove final traces of dirt and make-up, they also refine pores, soothe and soften the skin—they're pretty important really! Therefore for fantastic feeling skin we'd always recommend toning in your skincare regime.



SUITABLE FOR:
All skin types

VEGETARIAN

DID YOU KNOW

Our dedicated beauty fans have been buying Vitamin E for over 40 years- the range launched in 1977 and is still going strong!

VITAMIN E MOISTURE CREAM

YOUR EVERYDAY SKIN HERO

TELL ME MORE

Looking for all-day hydration? Then look no further. Our nourishing yet lightweight moisturizer leaves skin feeling soft, supple and moisturized for 48 hours! What's more, the formula is non-greasy and absorbs easily on the skin- it really is a skincare hero!

STAR INGREDIENTS

In addition to our fantastic Vitamin E our Moisture Cream contains Hyaluronic Acid, able to hold hundreds of times its own weight in water it provides continuous skin moisture throughout the day - pretty cool huh!

HOW IT ALL WORKS

Vitamin E is a powerful antioxidant but why's that important? Antioxidants interact with and neutralise free radicals which attack the skin and can contribute to premature ageing. Our bodies cannot produce Vitamin E, so it's important to supplement our skincare with vitamin E rich products.



DID YOU KNOW

A little goes a long way, a small amount is all you need – a pea sized amount should do it!

SUITABLE FOR:

All skin types

VEGETARIAN

EASY AS ONE, TWO, THREE... YOUR CORE SKINCARE ROUTINE

1



CLEANSE

Cleanse the skin of any dirt, residual make-up and impurities

2



BALANCE

Balance out the skin and prepare it for moisture

3



MOISTURIZE

Lock in moisture for all day hydration, leaving skin fresh and silky soft

HIMALAYAN CHARCOAL PURIFYING GLOW

MASK IT FEELS SO GOOD IT TINGLES!

TELL ME MORE

With this mud-textured exfoliating mask your skin will be purified in minutes. Our tingling Glow Mask deeply cleanses, drawing out impurities and excess oil, leaving the skin detoxified and unclogged.

STAR INGREDIENTS

There are so many to choose from! But here are our top 3:

- Purifying charcoal
- Calming Kenyan CFT Tea Tree
- Tingling Eucalyptus Oil and Menthol

CRAZY ABOUT CHARCOAL

Why? Because when you apply Charcoal to the skin, it attracts any excess oil, dirt and impurities that may be lingering on the surface. When washed off, the skin is left cleansed and purified- no wonder its been used for centuries!

DID YOU KNOW

Our charcoal is made from bamboo which is the fastest growing woody plant in the world, making it an environmentally friendly resource.



SUITABLE FOR:

Skin in need of purification

VEGAN

VITAMIN C SKIN BOOST

FOR BEAUTIFULLY BALANCED SKIN

TELL ME MORE

The final step to your skincare routine is now complete! Use after moisturizing for instantly smooth, soft, radiant skin!

STAR INGREDIENT

Well it's got to be Vitamin C, known for its antioxidant and skin brightening benefits! What's more, our Boost contains smoothing Community Fair Trade Brazil nut oil from Peru, which helps keep the skin silky smooth.

THE VITAMIN C STORY:

Vitamin C is an antioxidant that our skin needs to function efficiently. Vitamin C can be obtained via diet or direct application to the skin. Our Vitamin C range is enriched with camu camu berry extract, a red tree berry from the Amazon region. Camu camu has one of the highest contents of natural vitamin C – up to 60 times more than an orange!

DID YOU KNOW

Our Skin Boost acts as a perfect base for make-up. Simply apply after moisturising, and follow with your usual primer or foundation for a radiant, super smooth base!



SUITABLE FOR:

Tired, grumpy skin!

VEGAN

TEA TREE OIL

SAY GOODBYE TO BLEMISHED SKIN

TELL ME MORE

Keep those blemishes at bay with our nearly magic Tea Tree Oil. Just a few drops is all you need to tackle blemishes and keep skin looking clearer- it's our skincare secret weapon!

STAR INGREDIENTS

It may be an obvious one...but it's of course our CFT Tea Tree Oil from Kenya! Tea Tree Oil is renowned for it's purifying antibacterial properties in addition to helping soothe blemished skin. What's more, we've added antibacterial Tamanu Oil to the formula, making it the perfect partner for targeting blemishes!

THE TEA TREE STORY

Tea tree oil is famously grown in Australia, but not many people know that it grows equally well in Africa. Our Community Fair Trade Tea Tree Oils comes from Kenya. Our group of farms and independent farmers is called Kutoka Ardhini, which means 'from the ground' in Swahili!

DID YOU KNOW

This product contains 15% CFT Tea Tree Oil, so it is perfect to apply directly onto blemishes without the need to dilute!



SUITABLE FOR:
Blemished skin
VEGAN

DROPS OF YOUTH™

FOR BEAUTIFULLY BALANCED SKIN

TELL ME MORE

With our fast absorbing concentrate you can get moisturized, healthier feeling skin while protecting it from pollution. Our concentrate contains 99% natural ingredients making it a great natural pollution protection option.

STAR INGREDIENT

Our top 3 picks...

- Edelweiss stem cells, known to be rich in antioxidants
- Moisturizing Rwandan CFT Moringa Seed Oil
- Sea Holly Stem Cells, rich in polyphenols known to have a firming effect

HEALTHY-LOOKING SKIN HAS NO AGE !

At The Body Shop we are championing giving skin the care it needs at every stage of its life. And truth be told, what skin needs every stage of its life is to feel protected enough to fulfil its daily functions, like retaining moisture for example. Our Drops of Youth™ Youth Concentrate Environmental Protection with natural antioxidants helps to do just that, protect skin, because fresher, healthier looking skin is deserved by all.



SUITABLE FOR:
All skin types, even the most sensitive
VEGAN

BRITISH ROSE SHOWER GEL

IRRESISTIBLY DEWY

TELL ME MORE

With this fragrant soap-free Shower Gel you'll be transported to a beautiful rose garden all in the comfort of your own home! Our luxurious British Rose Shower Gel cleanses and cleans effectively whilst being gentle on skin—you'll have to drag yourself out of the shower!

STAR INGREDIENT

Of course this has to be our beautiful roses which provide the trademark scent. What's more, our Shower Gel contains CFT Sugar from Paraguay which prevents skin drying out.

FABULOUSLY FRAGRANT

What makes our British Rose Shower Gel so fabulously fragrant? It's all thanks to the specially selected bouquet of roses including Old English, Wild and China Roses, selected for their strength, colour and the complexity of their floral, fruity and musky fragrances. No wonder it smells so good!

DID YOU KNOW

There are over 100 different species of rose that grow around the world!



SUITABLE FOR:

Normal skin

VEGETARIAN

SATSUMA BODY POLISH SMOOTH SKIN,

HERE WE COME!

TELL ME MORE

With this gentle, gel-based scrub your skin will be feeling soft and smooth in no time. Our uplifting, zingy Body Polish not only smells amazing but feels great on the skin, leaving it smooth, moisturized and protected.

STAR INGREDIENT

The splendid satsuma! As well as being delicious, satsumas are rich in protective antioxidants and vitamins that benefit our skin. They are even known to have purifying properties.

THE SPLENDID SATSUMA SCENT

The notes of orange and mandarin in this range are sweet, zesty and energizing. It's as if someone is peeling a ripe and juicy satsuma next to you!

DID YOU KNOW

Our Body Polishes and Gel Scrubs are gentle exfoliators. Our Cream Scrubs provide medium levels of exfoliation and our Sugar Scrubs contain highly exfoliating particles.



SUITABLE FOR:

All over the body, not suitable for facial use

VEGETARIAN



ENJOY!

